

Informationville

•**The Boyertown Senior High Library** is open to the public, 8:00 a.m.-3:45 p.m. daily and 6:30 - 9:00 p.m. Tuesday and Thursday evenings when school is in session.

The library is located on 4th and Monroe streets. Enter the building at the east entrance.

Senior Center

Flea Market: The Senior Center is sponsoring an outdoor Flea Market on Friday, September 28 from 7 a.m. to 2 p.m. The Raindate is Saturday, September 29 at the same times.

Holiday Bazaar: The Senior Center is sponsoring its Annual Holiday Bazaar on Friday, November 2 from 9 a.m.-3 p.m. and Saturday, November 3 from 9 a.m.-1 p.m.

For information on these events, call the center at 610-367-2313.

YMCA

The Boyertown Area YMCA has released its schedule of upcoming activities.

•**Infant massage therapy** will be held on Saturday, September 22 and September 29 from 9-10:30 a.m. A YMCA membership is not necessary.

•**Jump start to fitness** will be offered at the Boyertown Area YMCA for the beginning or returning exerciser. The six-week session includes personal training, nutrition/weight loss/heart health sessions and six treadmill training sessions with a coach. The program meets on Tuesdays at 6:30 p.m., September 11 through October 16. Call the Boyertown Area YMCA to register.

•**Post-rehabilitation program:** The Boyertown Area YMCA offer this program to help patients make a smooth transition from rehabilitation to a safe and effective maintenance program. Call the Boyertown Area YMCA for details.

•**A lifeguard course** will begin Monday, October 22. Prerequisite certifications in community CPR, standard first aid and CPR for the professional rescuer are included in the course. Participants must be 16 years of age as of the start of the course and be a competent swimmer.

Call the Boyertown Area YMCA to register.

•**CPR Re-Certification Classes:** The Boyertown Area YMCA regularly sponsors American Red Cross CPR courses. Recertification courses will be held on Wednesday, October 10 at 6:30 p.m. and Tuesday, October 23 at 1:30 p.m. at the Boyertown Area YMCA. A YMCA membership is not required, although enrollment is limited and registration is required one

week prior to the class. Call the YMCA for more details.

•**An American Red Cross first aid basics class** will be held on Thursday, November 1 from 6:15-8:45 at the Boyertown Area YMCA. A YMCA membership is not required. Call the YMCA and enroll by October 25.

•**A professional rescuer certification course** will be held Monday, October 29 from 6:15-9:45 p.m. at the Boyertown Area YMCA. A YMCA membership is not required, although enrollment is limited and registration is necessary by October 22. Call the YMCA to register.

•**CPR Certification** will be held on Monday, October 22 and Tuesday, October 23 from 6:15-9:45 p.m. at the Boyertown Area YMCA. A membership is not required. Call the YMCA to register by October 15.

Civic Groups

•**Boyertown AMBUCS,** 6:30 p.m. second and fourth Tuesday at the Washington Inn.

•**Boyertown Exchange Club,** 7:30 a.m. first and third Tuesday of the month at the Gardenia Family Restaurant, Route 100, Boyertown.

•**Boyertown Kiwanis Club** hold their meetings at 7:30 a.m. Thursdays at the Gardenia Family Restaurant, Route 100, Boyertown.

•**Boyertown Lions Club** hold their regular meeting at Keystone Fire Company Hall, 240 N. Walnut Street (Spring and Walnut sts.), Boyertown. The meeting day and time is every Thursday at 6:30 p.m. September through June.

•**Boyertown Lodge #708 Odd Fellows,** 7:30 p.m. Tuesdays at the Temple, 35 E. Philadelphia Ave., Boyertown.

•**Boyertown Optimist Club,** 6:30 p.m. Mondays at the Greshville Inn. Meetings begin at 7:30 p.m.

•**Boyertown Rotary Club,** 6:15 p.m. Mondays at Keystone Fire Hall.

•**Berks-Mont Business Association** board meetings, first Wednesday of each month, 7:30 a.m. at the Gardenia Family Restaurant.

•**Faith Chapter No. 444 Order of the Eastern Star,** 7:30 p.m. on the fourth Wednesday of each month at the Masonic Temple, Third and Jefferson streets, Boyertown.

•**Boyertown Lodge F&AM #741** meets at 7:30 p.m. on the second Thursday of each month at the Masonic Temple, located on 3rd and Jefferson Street, Boyertown.

Public Meetings

(regular meeting times are subject to change)

•**Alsace Township:** Workshop meeting every 1st Wednesday; supervisor's meeting every 3rd Wednesday.

•**Bally Borough:** 7:00 p.m. on the first and third of each month at the borough hall, Chestnut St., Bally.

•**Boyertown School Board:** 7:00 p.m. the second and fourth Tuesday of each month at various locations in the school district.

•**Colebrookdale Borough:** Supervisor's meeting 1st and 3rd Monday at the municipal building.

•**District Township:** Planning commission meetings on the 1st Saturday of the month at 8:00 a.m. The supervisor's meeting is held on the 2nd Thursday of the month.

•**Douglass Berks:** Supervisor meeting 2nd and 4th Wednesday at 7:00 p.m.; planning commission on 3rd Tuesday 7:00

•**Douglass Montgomery:** Supervisor's meeting on the 1st and



The Ladies Auxiliary of Seisholtzville takes a moment to slow down so all the members could pose for a photo.

3rd Monday.

•**Earl Township:** Supervisor's meeting held on the 2nd Monday; planning commission is on the 3rd Tuesday.

•**New Hanover:** Township meetings held the 2nd and 4th Monday at the municipal building.

•**Oley Valley School Board:** Second and Third Wednesday of every month.

•**Pike Township:** 7:30 p.m. the first Tuesday of each month at the municipal building.

•**Ruscombmanor Township:** Township meetings are held on the 1st Thursday of each month; planning

commission is held on the 3rd Thursday.

•**Upper Frederick Twp:** 7:00 p.m. the second Thursday of each month at the municipal building,

Route 73, Obelisk.

•**Washington Township:** Supervisor's meeting held on the 4th Thursday of the month.

Birth Notices

Lasalle — A daughter to Robert and Beth Lasalle, Barto.

Schwenk — A son to Barry A. and Crystal A. Schwenk, Bechtelsville.

Hoch — A son to Daryl and Karen E. (Granahan) Hoch, Oley.

Williams — A son to Christopher and Kelly A. (Eagle) Williams, Oley.

See Berks-Mont Classified for More Legal Advertising

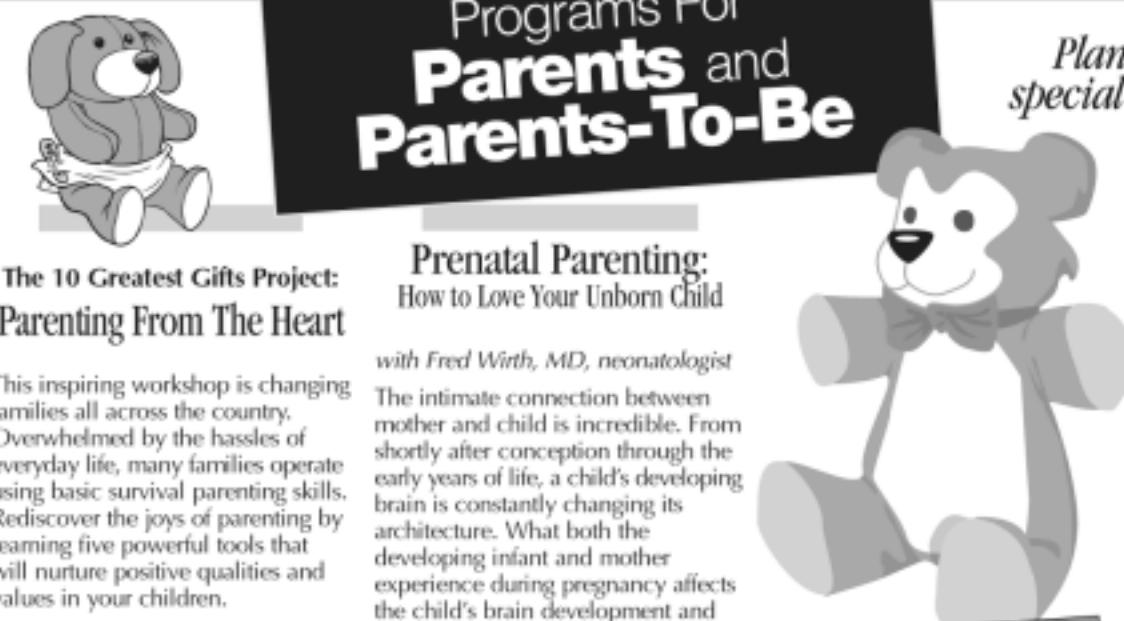
Public Notice

UPPER FREDERICK TOWNSHIP - 2001

The Upper Frederick Township Board of Supervisors will hold a Special Meeting on September 27, 2001 at 6:45 p.m. The purpose of the meeting is to open bids for the purchase of a new Township Truck and any other business which may come before the Board.

Gael W. Hahn
Township Administrator
09-19

Berks-Mont Classified



Programs For Parents and Parents-To-Be

Plan now to attend these special educational programs:

The 10 Greatest Gifts Project: Parenting From The Heart

with Fred Wirth, MD, neonatologist

This inspiring workshop is changing families all across the country. Overwhelmed by the hassles of everyday life, many families operate using basic survival parenting skills. Rediscover the joys of parenting by learning five powerful tools that will nurture positive qualities and values in your children.

Graduates of the program report that these parenting skills helped increase their children's cooperative behavior, school success, and ability to make good choices, while strengthening family bonds.

Free

2-Hour Introductory Workshops

- Wednesday, September 19
- Tuesday, October 30
- Monday, December 3

7 - 9 p.m.

4-Hour Workshop

- Tuesday, October 2
- and Tuesday, October 9

7 - 9 p.m.

8-Hour Workshop

- Wednesday, August 29
- and Wednesday, September 5

6 - 10 p.m.

Education Center at The Reading Hospital

Please bring along a photo of your child or children.

Organizations interested in hosting Parenting from the Heart program at their site, call 610-988-8692.

Prenatal Parenting: How to Love Your Unborn Child

with Fred Wirth, MD, neonatologist

The intimate connection between mother and child is incredible. From shortly after conception through the early years of life, a child's developing brain is constantly changing its architecture. What both the developing infant and mother experience during pregnancy affects the child's brain development and personality. Researchers are now learning how the mother can optimize her infant's development even before the birth. This informative two-part program is for mothers and fathers.

Part I - Tuesday, November 6 and Part II - Tuesday, November 13 or **Part I - Tuesday, January 22 and Part II - Tuesday, January 29**

7 - 8:30 p.m.

Class location varies.

Beginnings Fitness Program for Mothers of New Babies

presented by Beth Ann Shoopack, RN, CCE, IBCLC

Newborns exercise with Mommy in a fun and safe atmosphere. Day care for your older children is available at an additional fee.

\$45; gift certificates available

Tuesdays and Thursdays, 11:15 a.m. - 12:15 p.m.

Brand New Facility:
Colonial Fitness Club
172 Shillington Road, Sinking Spring

Prenatal Education Classes

This six-class series provides information on pregnancy, childbirth, and newborn care, and is designed for parents during the first three months of pregnancy. Both the expectant mother and father are encouraged to attend.

Free

six consecutive Mondays, 7 - 8:30 p.m.
August 13 - September 24 (no class September 3)

or

October 1 - November 5

Thun/Janssen Auditorium at The Reading Hospital (with exception of September 10 in B1 Seminar Room)

No registration necessary.

Sibling I Class

This program helps prepare your children from ages 3 through 6 for their new baby sister or brother. Children should bring a stuffed animal or doll the size of a newborn. One parent must accompany the child.

Free

Saturdays, 10 - 11 a.m.

- September 8
- October 6
- November 3
- December 1

Education Center at The Reading Hospital

Breastfeeding Your Child sponsored by La Leche League

Support and instruction for women who are breastfeeding or are thinking about breastfeeding.

Free

Meets the 2nd Tuesday of each month, 7:30 p.m.

The Women's Center, Doctors Office Building, Suite 125

No registration required.

Preparing for Pregnancy

with Alexander Massengale, MD, obstetrician/gynecologist, and A. George Neubert, MD, Chairman of Maternal-Fetal Medicine

This is a two-part program designed for couples before pregnancy. Part one heightens awareness of how the health and lifestyle of future parents before pregnancy, as well as environmental factors, may affect fertility, viability of the pregnancy, and the health of the baby. Part two covers basic genetics information, and explores the methods available to evaluate medical problems that may affect pregnancy. The latest strategies to manage these problems will also be presented.

Free

Part One: Tuesday, October 2
7 - 8:30 p.m.

Part Two: Tuesday, October 9
7 - 8:30 p.m.

R1 Classroom at The Reading Hospital

Sibling II Class

This program is for children through age 13 who will be present at the birth of their baby brother or sister. Your children, you, and the adult you select to support your children during the birth should attend this informative program.

Free

Saturdays, noon - 1:30 p.m.

- August 4
- October 6
- December 1

Education Center at The Reading Hospital

Tours of Beginnings Maternity Center

Parents-to-be are invited to tour Beginnings Maternity Center and see firsthand our family-centered approach to the birth of your baby. Following the 30-minute tour, Beginnings staff will be available to answer questions about the upcoming birth of your child.

Free

Sundays, 2 p.m. and 3 p.m.
Wednesdays, 6:30 p.m. and 7:30 p.m.

Tour departs from R-Lobby at The Reading Hospital

Advance registration required; call Beginnings Tour hotline at 610-988-9393. Size of tour groups are limited for your benefit.

Beginnings Fitness Program for Expectant Mothers

presented by Beth Ann Shoopack, RN, CCE, IBCLC

Safe exercise techniques, helpful information, and a supportive environment allow pregnant women to both maintain their fitness and share their feelings.

\$45; gift certificates available

Tuesdays and Thursdays, 6 - 7 p.m.

Physical Therapy Gym at The Reading Hospital

With the exception of Prenatal Education and Breastfeeding programs, advance registration required/limited space; call The Women's Center at 610-988-8692 or e-mail: wrighta@readinghospital.org

EMPLOYMENT OPPORTUNITIES? CALL 610-988-WORK

The Reading Hospital and Medical Center
www.readinghospital.org



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Rt. 562, Douglassville

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Closed Sundays

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